

Knit Helmet

Materials: 4 oz. 4 ply worsted yarn; knitting needles, size 8

Directions:

Cast on 88 stitches

Row 1 K2, P2 and continue across

Row 2 K2, P2 and continue across

Work these two rows until piece measures 6 inches.

Next row Work 27 stitches and then bind off 34 stitches as you see them. (CAUTION: Bind of knit stitches knitwise and purl stitches purlwise or the opening will be too stretchy)and complete the row. On the return row, knit and purl the first 27 stitches, cast on 34 stitches and then complete the row.

Continue working rows 1 and 2 until the piece measures 12 inches from the beginning.

Top Shaping

Row 1 *K2, K2 tog. Repeat from *

Row 2 *K1, P2. Repeat from *

Row 3 *K2, P1. Repeat from *

Next 9 rows repeat rows 2 and 3 alternately 4 times. Then, repeat row 2 (66 stitches)

Row 13 *K2tog, P1. Repeat from * (44 stitches)

Next three rows K1, P1

Row 17 *K2tog and repeat from * (22 stitches)

Break off, leaving about 20 inches of yarn. Thread into a needle and draw through the remaining stitches. Pull up tightly and fasten securely. On the wrong side, sew edges together for back seam.



The Seamen's Church Institute of New York and New Jersey
Christmas at Sea Volunteer Knitting Program
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